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Pokemon Heart and Soul: A Guide to the Game

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Introductions

Welcome back to the regions of Kanto and Johto. The regions have changed a lot since the events of Heart Gold and Soul Silver. Both the Sevii Islands and the Orange Islands are now accessible as well as numerous new areas within Kanto and Johto themselves.

Team Rocket is resurgent, and this time they do not just want to run a criminal empire. Their new stated goal is much darker, the elimination of weak people and Pokemon from the region. Who could be leading this resurgent organization?

A new group called the ORANGE Group is operating in the region as well. What does this mysterious organization want from Kanto and Johto?

Finally new Pokemon have appeared in the regions and the Pokedex has expanded. Can you save the regions from this new threat? Can you catch them all? Can you become the champion of Kanto and Johto?

Explore the world of Pokemon Heart and Soul!

Pokedex

Bulbasaur Family Page

Egg Group - Egg Steps - EV Points -

Locations -

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Bulbasaur | 001 |  |  | Grass | Poison | Ivysaur – Level 16 |
| Ivysaur | 002 |  |  | Grass | Poison | Venusaur – Level 32 |
| Venusaur | 003 |  |  | Grass | Poison |  |
| Mega Venusaur | 003-M |  | Thick Fat | Grass | Poison | Need Venusaurite |

Moveset

|  |  |  |
| --- | --- | --- |
| Bulbasaur | Ivysaur | Venusaur |
|  |  |  |

Sprites

Charmander Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Charmander | 004 |  |  |  |  |  |
| Charmeleon | 005 |  |  |  |  |  |
| Charizard | 006 |  |  |  |  |  |
| Mega Charizard X | 006-M1 |  |  |  |  |  |
| Mega Charizard Y | 006-M2 |  |  |  |  |  |
| Mega Charizard Z | 006-M3 |  |  |  |  |  |

Moveset

|  |  |  |
| --- | --- | --- |
| Charmander | Charmeleon | Charizard |
|  |  |  |

Sprites

Squirtle Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Squirtle | 007 |  |  |  |  |  |
| Wartortle | 008 |  |  |  |  |  |
| Blastoise | 009 |  |  |  |  |  |
| Mega Blastoise | 009-M |  |  |  |  |  |

Moveset:

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Sprites:

Caterpie Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Caterpie |  |  |  |  |  |  |
| Metapod |  |  |  |  |  |  |
| Butterfree |  |  |  |  |  |  |
| Frostfree |  |  |  |  |  |  |

Moveset:

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Sprites:

Weedle Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Weedle |  |  |  |  |  |  |
| Kakuna |  |  |  |  |  |  |
| Beedrill |  |  |  |  |  |  |
| Mega Beedrill |  |  |  |  |  |  |

Moveset:

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Sprites:

Pidgey Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Pidgey |  |  |  |  |  |  |
| Pidgeotto |  |  |  |  |  |  |
| Pidgeot |  |  |  |  |  |  |
| Mega Pidgeot |  |  |  |  |  |  |

Moveset:

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Sprites:

Rattata Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Rattata |  |  |  |  |  |  |
| Alolan Rattata |  |  |  |  |  |  |
| Raticate |  |  |  |  |  |  |
| Alolan Raticate |  |  |  |  |  |  |

Moveset:

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Sprites:

Spearow Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Spearow |  |  |  |  |  |  |
| Fearow |  |  |  |  |  |  |

Moveset:

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Sprites:

Ekans Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Ekans |  |  |  |  |  |  |
| Arbok |  |  |  |  |  |  |

Moveset:

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Sprites:

Pikachu Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Pichu |  |  |  |  |  |  |
| Pikachu |  |  |  |  |  |  |
| Ash Hat Pikachu |  |  |  |  |  |  |
| Raichu |  |  |  |  |  |  |
| Alolan Raichu |  |  |  |  |  |  |

Moveset:

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Sprites:

Sandshrew Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Sandshrew |  |  |  |  |  |  |
| Alolan Sandshrew |  |  |  |  |  |  |
| Sandslash |  |  |  |  |  |  |
| Alolan Sandslash |  |  |  |  |  |  |

Moveset:

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Sprites:

Nidoran Female Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Nidoran F |  |  |  |  |  |  |
| Nidorina |  |  |  |  |  |  |
| Nidoqueen |  |  |  |  |  |  |

Moveset:

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Sprites:

Nidoran Male Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Nidoran M |  |  |  |  |  |  |
| Nidorino |  |  |  |  |  |  |
| Nidoking |  |  |  |  |  |  |

Moveset:

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Sprites:

Clefairy Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Cleffa |  |  |  |  |  |  |
| Clefairy |  |  |  |  |  |  |
| Clefable |  |  |  |  |  |  |

Moveset:

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Sprites:

Vulpix Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Vulpix |  |  |  |  |  |  |
| Alolan Vulpix |  |  |  |  |  |  |
| Ninetails |  |  |  |  |  |  |
| Alolan Ninetails |  |  |  |  |  |  |

Moveset:

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Sprites:

Jigglypuff Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Igglybuff |  |  |  |  |  |  |
| Jigglypuff |  |  |  |  |  |  |
| Wigglytuff |  |  |  |  |  |  |

Moveset:

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Sprites:

Zubat Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Zubat |  |  |  |  |  |  |
| Golbat |  |  |  |  |  |  |
| Crobat |  |  |  |  |  |  |

Moveset:

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Sprites:

Oddish Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Oddish |  |  |  |  |  |  |
| Gloom |  |  |  |  |  |  |
| Vileplume |  |  |  |  |  |  |
| Bellossom |  |  |  |  |  |  |
| Mega Bellossom |  |  |  |  |  |  |

Moveset:

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Sprites:

Paras Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Paras |  |  |  |  |  |  |
| Parasect |  |  |  |  |  |  |

Moveset:

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Sprites:

Venonat Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Venonat |  |  |  |  |  |  |
| Venomoth |  |  |  |  |  |  |

Moveset:

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Sprites:

Diglett Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Diglett |  |  |  |  |  |  |
| Alolan Diglett |  |  |  |  |  |  |
| Dugtrio |  |  |  |  |  |  |
| Alolan Dugtrio |  |  |  |  |  |  |

Moveset:

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Sprites:

Meowth Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Meowth |  |  |  |  |  |  |
| Alolan Meowth |  |  |  |  |  |  |
| Persian |  |  |  |  |  |  |
| Alolan Persian |  |  |  |  |  |  |

Moveset:

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Sprites:

Psyduck Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Psyduck |  |  |  |  |  |  |
| Golduck |  |  |  |  |  |  |

Moveset:

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Sprites:

Mankey Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Mankey |  |  |  |  |  |  |
| Primape |  |  |  |  |  |  |

Moveset:

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Sprites:

Growlithe Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Growlithe |  |  |  |  |  |  |
| Arcanine |  |  |  |  |  |  |

Moveset:

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Sprites:

Poliwag Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Poliwag |  |  |  |  |  |  |
| Poliwhirl |  |  |  |  |  |  |
| Poliwrath |  |  |  |  |  |  |
| Dracowrath |  |  |  |  |  |  |
| Politoad |  |  |  |  |  |  |

Moveset:

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Sprites:

Abra Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Abra |  |  |  |  |  |  |
| Kadabra |  |  |  |  |  |  |
| Alakazam |  |  |  |  |  |  |
| Mega Alakazam |  |  |  |  |  |  |

Moveset:

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Sprites:

Machop Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Machop |  |  |  |  |  |  |
| Machoke |  |  |  |  |  |  |
| Machamp |  |  |  |  |  |  |

Moveset:

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Sprites:

Bellsprout Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Bellsprout |  |  |  |  |  |  |
| Weepinbell |  |  |  |  |  |  |
| Victreebel |  |  |  |  |  |  |

Moveset:

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Sprites:

Tentacool Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Tentacool |  |  |  |  |  |  |
| Tentacruel |  |  |  |  |  |  |

Moveset:

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Sprites:

Geodude Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Geodude |  |  |  |  |  |  |
| Alolan Geodude |  |  |  |  |  |  |
| Graveler |  |  |  |  |  |  |
| Alolan Graveler |  |  |  |  |  |  |
| Golem |  |  |  |  |  |  |
| Alolan Golem |  |  |  |  |  |  |

Moveset:

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Sprites:

Ponyta Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Ponyta |  |  |  |  |  |  |
| Rapidash |  |  |  |  |  |  |
| Pegasus Rapidash |  |  |  |  |  |  |

Moveset:

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Sprites:

Slowpoke Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Slowpoke |  |  |  |  |  |  |
| Slowbro |  |  |  |  |  |  |
| Mega Slowbro |  |  |  |  |  |  |
| Slowking |  |  |  |  |  |  |

Moveset:

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Sprites:

Magnemite Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Magnemite |  |  |  |  |  |  |
| Magneton |  |  |  |  |  |  |
| Magnezone |  |  |  |  |  |  |

Moveset:

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Sprites:

Farfetch’d Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Farfetch’d |  |  |  |  |  |  |

Moveset:

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Sprites:

Doduo Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Doduo |  |  |  |  |  |  |
| Dodrio |  |  |  |  |  |  |

Moveset:

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Sprites:

Seel Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Seel |  |  |  |  |  |  |
| Dewgong |  |  |  |  |  |  |

Moveset:

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Sprites:

Grimer Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Grimer |  |  |  |  |  |  |
| Alolan Grimer |  |  |  |  |  |  |
| Muk |  |  |  |  |  |  |
| Alolan Muk |  |  |  |  |  |  |

Moveset:

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Sprites:

Shellder Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Shellder |  |  |  |  |  |  |
| Cloyster |  |  |  |  |  |  |

Moveset:

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Sprites:

Gastly Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Gastly |  |  |  |  |  |  |
| Haunter |  |  |  |  |  |  |
| Gengar |  |  |  |  |  |  |
| Mega Gengar |  |  |  |  |  |  |

Moveset:

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Sprites:

Onix Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Onix |  |  |  |  |  |  |
| Steelix |  |  |  |  |  |  |
| Mega Steelix |  |  |  |  |  |  |

Moveset:

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Sprites:

Drowzee Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Drowzee |  |  |  |  |  |  |
| Hypno |  |  |  |  |  |  |

Moveset:

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Sprites:

Krabby Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Krabby |  |  |  |  |  |  |
| Kingler |  |  |  |  |  |  |

Moveset:

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Sprites:

Voltorb Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Voltorb |  |  |  |  |  |  |
| Electrode |  |  |  |  |  |  |

Moveset:

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Sprites:

Exeggcute Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Exeggcute |  |  |  |  |  |  |
| Exeggutor |  |  |  |  |  |  |
| Alolan Exeggutor |  |  |  |  |  |  |

Moveset:

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Sprites:

Cubone Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Cubone |  |  |  |  |  |  |
| Marowak |  |  |  |  |  |  |
| Alolan Marowak |  |  |  |  |  |  |

Moveset:

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Sprites:

Tyrogue Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Tyrouge |  |  |  |  |  |  |
| Hitmonlee |  |  |  |  |  |  |
| Hitmonchan |  |  |  |  |  |  |
| HItmontop |  |  |  |  |  |  |

Moveset:

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Sprites:

Lickitung Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Lickitung |  |  |  |  |  |  |
| Lickilicky |  |  |  |  |  |  |

Moveset:

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Sprites:

Koffing Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Koffing |  |  |  |  |  |  |
| Weezing |  |  |  |  |  |  |

Moveset:

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Sprites:

Rhyhorn Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Rhyhorn |  |  |  |  |  |  |
| Rhydon |  |  |  |  |  |  |
| Rhyperior |  |  |  |  |  |  |

Moveset:

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Sprites:

Chansey Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Happiny |  |  |  |  |  |  |
| Chansey |  |  |  |  |  |  |
| Blissey |  |  |  |  |  |  |

Moveset:

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Sprites:

Tangela Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Tangela |  |  |  |  |  |  |
| Tangrowth |  |  |  |  |  |  |

Moveset:

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Sprites:

Kangaskhan Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Kangaskhan |  |  |  |  |  |  |
| Mega Kangaskhan |  |  |  |  |  |  |

Moveset:

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Sprites:

Horsea Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Horsea |  |  |  |  |  |  |
| Seadra |  |  |  |  |  |  |
| Kingdra |  |  |  |  |  |  |

Moveset:

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Sprites:

Goldeen Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Goldeen |  |  |  |  |  |  |
| Seaking |  |  |  |  |  |  |

Moveset:

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Sprites:

Staryu Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Staryu |  |  |  |  |  |  |
| Starmie |  |  |  |  |  |  |

Moveset:

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Sprites:

Mr. Mime Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Mime Jr. |  |  |  |  |  |  |
| Mr. Mime |  |  |  |  |  |  |

Moveset:

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Sprites:

Scyther Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Scyther |  |  |  |  |  |  |
| Scizor |  |  |  |  |  |  |
| Mega Scizor |  |  |  |  |  |  |

Moveset:

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Sprites:

Jynx Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Smoochum |  |  |  |  |  |  |
| Jynx |  |  |  |  |  |  |
| Bodanxious |  |  |  |  |  |  |

Moveset:

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Sprites:

Electabuzz Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Elekid |  |  |  |  |  |  |
| Electabuzz |  |  |  |  |  |  |
| Electivire |  |  |  |  |  |  |

Moveset:

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Sprites:

Magmar Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Magby |  |  |  |  |  |  |
| Magmar |  |  |  |  |  |  |
| Magmortar |  |  |  |  |  |  |

Moveset:

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Sprites:

Pinsir Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Pinsir |  |  |  |  |  |  |
| Mega Pinsir |  |  |  |  |  |  |

Moveset:

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Sprites:

Tauros Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Tauros |  |  |  |  |  |  |

Moveset:

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Sprites:

Magikarp Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Magikarp |  |  |  |  |  |  |
| Rage Magikarp |  |  |  |  |  |  |
| Gyarados |  |  |  |  |  |  |
| Mega Gyarados |  |  |  |  |  |  |

Moveset:

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Sprites:

Lapras Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Lapras |  |  |  |  |  |  |
| Dankpras |  |  |  |  |  |  |

Moveset:

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Sprites:

Ditto Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Ditto |  |  |  |  |  |  |

Moveset:

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Sprites:

Eevee Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Eevee |  |  |  |  |  |  |
| Vaporeon |  |  |  |  |  |  |
| Jolteon |  |  |  |  |  |  |
| Flareon |  |  |  |  |  |  |
| Espeon |  |  |  |  |  |  |
| Umbreon |  |  |  |  |  |  |
| Leafeon |  |  |  |  |  |  |
| Glaceon |  |  |  |  |  |  |
| Sylveon |  |  |  |  |  |  |
| Phantasmeon |  |  |  |  |  |  |

Moveset:

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Sprites:

Porygon Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Porygon |  |  |  |  |  |  |
| Porygon 2 |  |  |  |  |  |  |
| Corrupted Porygon |  |  |  |  |  |  |
| Porygon Z |  |  |  |  |  |  |

Moveset:

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Sprites:

Omanyte Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Omanyte |  |  |  |  |  |  |
| Omastar |  |  |  |  |  |  |

Moveset:

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Sprites:

Kabuto Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Kabuto |  |  |  |  |  |  |
| Kabutops |  |  |  |  |  |  |

Moveset:

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Sprites:

Aerodactyl Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Aerodactyl |  |  |  |  |  |  |
| Mega Aerodactyl |  |  |  |  |  |  |

Moveset:

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Sprites:

Snorlax Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Munchlax |  |  |  |  |  |  |
| Snorlax |  |  |  |  |  |  |

Moveset:

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Sprites:

Legendary Bird Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Articuno |  |  |  |  |  |  |
| Zapdos |  |  |  |  |  |  |
| Moltres |  |  |  |  |  |  |

Moveset:

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Sprites:

Dratini Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Dratini |  |  |  |  |  |  |
| Dragonair |  |  |  |  |  |  |
| Dragonite |  |  |  |  |  |  |
| Dragomite |  |  |  |  |  |  |

Moveset:

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Sprites:

Mewtwo Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Mewtwo |  |  |  |  |  |  |
| Mega Mewtwo X |  |  |  |  |  |  |
| Mega Mewtwo Y |  |  |  |  |  |  |

Moveset:

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Sprites:

Mew Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| --- | --- | --- | --- | --- | --- | --- |
| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
| Mew |  |  |  |  |  |  |

Moveset:

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Sprites:

Chickorita Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Moveset:

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Sprites:

Cyndaquil Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Totodile Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Sentret Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Hoothoot Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Ledyba Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Spinarak Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Chinchou Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Togepi Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Natu Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Mareep Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Marill Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Sudowoodo Family Page

Egg Group - Egg Steps - EV Points -

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Sprites:

Hoppip Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Aipom Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Sunkern Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Yanma Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Wooper Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Murkrow Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Misreavus Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Unown Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Wobbuffet Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Girafarig Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Pineco Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Dunsparce Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Gligar Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Snubbull Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Qwilfish Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Shuckle Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Heracross Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Sneasel Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Teddiursa Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Slugma Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Swinub Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Corsola Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Remoraid Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Delibird Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Mantine Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Skarmory Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Houndour Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Phanphy Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Stantler Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Smeargle Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Miltank Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Legendary Dog Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Larvitar Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Lugia Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Ho oH Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Celebi Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Treecko Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Torchic Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Mudkip Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Poochyena Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Zigzagoon Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Wurmple Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Lotad Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Seedot Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Taillow Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Wingull Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Ralts Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Surskit Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Shroomish Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Slakoth Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Nincada Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Whismur Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Makuhita Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Nosepass Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Skitty Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Sableye Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Mawile Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Aron Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Meditite Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Electrike Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Plusle and Minun Family Page

Egg Group - Egg Steps - EV Points -

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Sprites:

Volbeat and Illumise Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Roselia Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Gulpin Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Carvanha Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Wailmer Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Numel Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Torkoal Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Spoink Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Spinda Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Trapinch Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Cacnea Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Swablu Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Zangoose and Seviper Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Lunatone and Solrock Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Barboach Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Corphish Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Baltoy Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Lileep Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Anorith Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Feebas Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Castform Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Kecleon Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Shuppet Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Duskull Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Tropius Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Chimecho Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Absol Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Snorunt Family Page

Egg Group - Egg Steps - EV Points -

Locations -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Spheal Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Clampearl Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Relicanth Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Luvdisc Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Bagon Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Beldum Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Regi Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Latios/Latias Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Kyogre Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Groudon Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Rayquaza Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Jirachi Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Sprites:

Deoxys Family Page

Egg Group - Egg Steps - EV Points -

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Sprites:

Family Page

Egg Group - Egg Steps - EV Points -

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| Pokemon  Name | Pokemon Number | Base Stats  (HP,ATK,DEF,SPEED,SPATK,SPDEF) | Ability | Type 1 | Type 2 | Evolution |
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Egg Group - Egg Steps - EV Points -

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Sprites:

Itemdex

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| --- | --- | --- | --- |
| Item Name | Effect | Locations | Price |
| Repel |  |  |  |
| Super Repel |  |  |  |
| Max Repel |  |  |  |
| Black Flute |  |  |  |
| White Flute |  |  |  |
| Honey |  |  |  |
| Escape Rope |  |  |  |
| Red Shard |  |  |  |
| Yellow Shard |  |  |  |
| Blue Shard |  |  |  |
| Green Shard |  |  |  |
| Fire Stone |  |  |  |
| Thunder Stone |  |  |  |
| Water Stone |  |  |  |
| Leaf Stone |  |  |  |
| Moon Stone |  |  |  |
| Sun Stone |  |  |  |
| Dusk Stone |  |  |  |
| Dawn Stone |  |  |  |
| Shiny Stone |  |  |  |
| Red Apricorn |  |  |  |
| Ylw Apricorn |  |  |  |
| Blu Apricorn |  |  |  |
| Grn Apricorn |  |  |  |
| Pnk Apricorn |  |  |  |
| Wht Apricorn |  |  |  |
| Blk Apricorn |  |  |  |
| Helix Fossil |  |  |  |
| Dome Fossil |  |  |  |
| Old Amber |  |  |  |
| Root Fossil |  |  |  |
| Claw Fossil |  |  |  |
| Skull Fossil |  |  |  |
| Armor Fossil |  |  |  |
| Cover Fossil |  |  |  |
| Plume Fossil |  |  |  |
| Pretty Wing |  |  |  |
| Tiny Mushroom |  |  |  |
| Big Mushroom |  |  |  |
| Balm Mushroom |  |  |  |
| Pearl |  |  |  |
| Big Pearl |  |  |  |
| Pearl String |  |  |  |
| Star Dust |  |  |  |
| Star Piece |  |  |  |
| Comet Shard |  |  |  |
| Nugget |  |  |  |
| Big Nugget |  |  |  |
| Heart Scale |  |  |  |
| Slow Poke Tail |  |  |  |
| Rare Bone |  |  |  |
| Relic Copper |  |  |  |
| Relic Silver |  |  |  |
| Relic Gold |  |  |  |
| Relic Vase |  |  |  |
| Relic Band |  |  |  |
| Relic Statue |  |  |  |
| Relic Crown |  |  |  |
| Growth Mulch |  |  |  |
| Damp Mulch |  |  |  |
| Stable Mulch |  |  |  |
| Gooey Mulch |  |  |  |
| Shoal Salt |  |  |  |
| Odd Keystone |  |  |  |
| Air Balloon |  |  |  |
| Bright Powder |  |  |  |
| Eviolite |  |  |  |
| Float Stone |  |  |  |
| Destiny Knot |  |  |  |
| Rocky Helmet |  |  |  |
| Eject Button |  |  |  |
| Red Card |  |  |  |
| Shed Shell |  |  |  |
| Smoke Ball |  |  |  |
| Lucky Egg |  |  |  |
| EXP Share |  |  |  |
| Amulet Coin |  |  |  |
| Soothe Bell |  |  |  |
| Cleanse Tag |  |  |  |
| Choice Band |  |  |  |
| Choice Specs |  |  |  |
| Choice Scarf |  |  |  |
| Heat Rock |  |  |  |
| Damp Rock |  |  |  |
| Smooth Rock |  |  |  |
| Icy Rock |  |  |  |
| Light Clay |  |  |  |
| Grip Claw |  |  |  |
| Binding Band |  |  |  |
| Big Root |  |  |  |
| Black Sludge |  |  |  |
| Leftovers |  |  |  |
| Shell Bell |  |  |  |
| Mental Herb |  |  |  |
| White Herb |  |  |  |
| Power Herb |  |  |  |
| Absorb Bulb |  |  |  |
| Cell Battery |  |  |  |
| Life Orb |  |  |  |
| Expert Belt |  |  |  |
| Metronome |  |  |  |
| Muscle Band |  |  |  |
| Wise Glasses |  |  |  |
| Razor Claw |  |  |  |
| Scope Lens |  |  |  |
| Wide Lens |  |  |  |
| Zoom Lens |  |  |  |
| Kings Rock |  |  |  |
| Razor Fang |  |  |  |
| Lagging Tail |  |  |  |
| Quick Claw |  |  |  |
| Focus Band |  |  |  |
| Focus Sash |  |  |  |
| Flame Orb |  |  |  |
| Toxic Orb |  |  |  |
| Sticky Barb |  |  |  |
| Iron Ball |  |  |  |
| Ring Target |  |  |  |
| Macho Brace |  |  |  |
| Power Weight |  |  |  |
| Power Bracer |  |  |  |
| Power Belt |  |  |  |
| Power Lens |  |  |  |
| Power Band |  |  |  |
| Power Anklet |  |  |  |
| Lax Incense |  |  |  |
| Full Incense |  |  |  |
| Luck Incense |  |  |  |
| Pure Incense |  |  |  |
| Sea Incense |  |  |  |
| Wave Incense |  |  |  |
| Rose Incense |  |  |  |
| Odd Incense |  |  |  |
| Rock Incense |  |  |  |
| Charcoal |  |  |  |
| Mystic Water |  |  |  |
| Magnet |  |  |  |
| Miracle Seed |  |  |  |
| Never Melt Ice |  |  |  |
| Black Belt |  |  |  |
| Poison Barb |  |  |  |
| Soft Sand |  |  |  |
| Sharp Beak |  |  |  |
| Twisted Spoon |  |  |  |
| Silver Powder |  |  |  |
| Hard Stone |  |  |  |
| Spell Tag |  |  |  |
| Dragon Fang |  |  |  |
| Black Glasses |  |  |  |
| Metal Coat |  |  |  |
| Silk Scarf |  |  |  |
| Flame Plate |  |  |  |
| Splash Plate |  |  |  |
| Zap Plate |  |  |  |
| Meadow Plate |  |  |  |
| Icicle Plate |  |  |  |
| Fist Plate |  |  |  |
| Toxic Plate |  |  |  |
| Earth Plate |  |  |  |
| Sky Plate |  |  |  |
| Mind Plate |  |  |  |
| Insect Plate |  |  |  |
| Stone Plate |  |  |  |
| Spooky Plate |  |  |  |
| Draco Plate |  |  |  |
| Dread Plate |  |  |  |
| Iron Plate |  |  |  |
| Fire Gem |  |  |  |
| Water Gem |  |  |  |
| Electric Gem |  |  |  |
| Grass Gem |  |  |  |
| Ice Gem |  |  |  |
| Fight Gem |  |  |  |
| Poison Gem |  |  |  |
| Ground Gem |  |  |  |
| Flying Gem |  |  |  |
| Psychic Gem |  |  |  |
| Bug Gem |  |  |  |
| Rock Gem |  |  |  |
| Ghost Gem |  |  |  |
| Dragon Gem |  |  |  |
| Dark Gem |  |  |  |
| Steel Gem |  |  |  |
| Normal Gem |  |  |  |
| Light Ball |  |  |  |
| Lucky Punch |  |  |  |
| Metal Powder |  |  |  |
| Quick Powder |  |  |  |
| Thick Club |  |  |  |
| Stick |  |  |  |
| Soul Dew |  |  |  |
| Deep Sea Tooth |  |  |  |
| Deep Sea Scale |  |  |  |
| Adamant Orb |  |  |  |
| Lustrous Orb |  |  |  |
| Griseous Orb |  |  |  |
| Douse Drive |  |  |  |
| Shock Drive |  |  |  |
| Burn Drive |  |  |  |
| Chill Drive |  |  |  |
| Everstone |  |  |  |
| Dragon Scale |  |  |  |
| Up Grade |  |  |  |
| Dubious Disk |  |  |  |
| Protector |  |  |  |
| Electirizer |  |  |  |
| Magmarizer |  |  |  |
| Reaper Cloth |  |  |  |
| Prism Scale |  |  |  |
| Oval Stone |  |  |  |
| Red Scarf |  |  |  |
| Blue Scarf |  |  |  |
| Pink Scarf |  |  |  |
| Green Scarf |  |  |  |
| Yellow Scarf |  |  |  |
| Potion |  |  |  |
| Super Potion |  |  |  |
| Hyper Potion |  |  |  |
| Max Potion |  |  |  |
| Full Restore |  |  |  |
| Sacred Ash |  |  |  |
| Awakening |  |  |  |
| Antidote |  |  |  |
| Burn Heal |  |  |  |
| Paralyze Heal |  |  |  |
| Ice Heal |  |  |  |
| Full Heal |  |  |  |
| Lava Cookie |  |  |  |
| Old Gateau |  |  |  |
| Casteliacone |  |  |  |
| Revive |  |  |  |
| Max Revive |  |  |  |
| Berry Juice |  |  |  |
| Rage Candy Bar |  |  |  |
| Sweet Heart |  |  |  |
| Freshwater |  |  |  |
| Soda Pop |  |  |  |
| Lemonade |  |  |  |
| Moo Moo Milk |  |  |  |
| Energy Powder |  |  |  |
| Energy Root |  |  |  |
| Heal Powder |  |  |  |
| Revival Herb |  |  |  |
| Ether |  |  |  |
| Max Elixir |  |  |  |
| PP UP |  |  |  |
| PP Max |  |  |  |
| HO UP |  |  |  |
| Protein |  |  |  |
| Iron |  |  |  |
| Calcium |  |  |  |
| Zinc |  |  |  |
| Carbos |  |  |  |
| Health Wing |  |  |  |
| Muscle Wing |  |  |  |
| Resist Wing |  |  |  |
| Genius Wing |  |  |  |
| Clever Wing |  |  |  |
| Swift Wing |  |  |  |
| Rare Candy |  |  |  |
| Master Ball |  |  |  |
| Ultra Ball |  |  |  |
| Great Ball |  |  |  |
| Poke Ball |  |  |  |
| Safari Ball |  |  |  |
| Sport Ball |  |  |  |
| Net Ball |  |  |  |
| Dive Ball |  |  |  |
| Nest Ball |  |  |  |
| Repeat Ball |  |  |  |
| Timer Ball |  |  |  |
| Luxury Ball |  |  |  |
| Premier Ball |  |  |  |
| Dusk Ball |  |  |  |
| Heal Ball |  |  |  |
| Quick Ball |  |  |  |
| Cherish Ball |  |  |  |
| Fast Ball |  |  |  |
| Level Ball |  |  |  |
| Lure Ball |  |  |  |
| Heavy Ball |  |  |  |
| Love Ball |  |  |  |
| Friend Ball |  |  |  |
| Moon Ball |  |  |  |
| Cheri Berry |  |  |  |
| Chesto Berry |  |  |  |
| Pecha Berry |  |  |  |
| Rawst Berry |  |  |  |
| Aspear Berry |  |  |  |
| Leppa Berry |  |  |  |
| Oran Berry |  |  |  |
| Persim Berry |  |  |  |
| Lum Berry |  |  |  |
| Sitrus Berry |  |  |  |
| Figy Berry |  |  |  |
| Wiki Berry |  |  |  |
| Mago Berry |  |  |  |
| Aguav Berry |  |  |  |
| Iapapa Berry |  |  |  |
| Razz Berry |  |  |  |
| Bluk Berry |  |  |  |
| Nanab Berry |  |  |  |
| Wepear Berry |  |  |  |
| Pinap Berry |  |  |  |
| Pomeg Berry |  |  |  |
| Kelpsy Berry |  |  |  |
| Qualot Berry |  |  |  |
| Hondew Berry |  |  |  |
| Grepa Berry |  |  |  |
| Tamato Berry |  |  |  |
| Cornn Berry |  |  |  |
| Magost Berry |  |  |  |
| Rabuta Berry |  |  |  |
| Nomel Berry |  |  |  |
| Spelon Berry |  |  |  |
| Pamtre Berry |  |  |  |
| Watmel Berry |  |  |  |
| Durin Berry |  |  |  |
| Belue Berry |  |  |  |
| Occa Berry |  |  |  |
| Passho Berry |  |  |  |
| Wacan Berry |  |  |  |
| Rindo Berry |  |  |  |
| Yache Berry |  |  |  |
| Chople Berry |  |  |  |
| Kebia Berry |  |  |  |
| Shuca Berry |  |  |  |
| Coba Berry |  |  |  |
| Payapa Berry |  |  |  |
| Tanga Berry |  |  |  |
| Charti Berry |  |  |  |
| Kasib Berry |  |  |  |
| Haban Berry |  |  |  |
| Colbur Berry |  |  |  |
| Babiri Berry |  |  |  |
| Chilan Berry |  |  |  |
| Liechi Berry |  |  |  |
| Ganlon Berry |  |  |  |
| Salac Berry |  |  |  |
| Petay Berry |  |  |  |
| Apicot Berry |  |  |  |
| Lansat Berry |  |  |  |
| Starf Berry |  |  |  |
| Enigma Berry |  |  |  |
| Micle Berry |  |  |  |
| Custap Berry |  |  |  |
| Jaboca Berry |  |  |  |
| Rowap Berry |  |  |  |
| Grass Mail |  |  |  |
| Flame Mail |  |  |  |
| Bubble Mail |  |  |  |
| Bloom Mail |  |  |  |
| Tunnel Mail |  |  |  |
| Steel Mail |  |  |  |
| Heart Mail |  |  |  |
| Snow Mail |  |  |  |
| Space Mail |  |  |  |
| Air Mail |  |  |  |
| Mosaic Mail |  |  |  |
| Brick Mail |  |  |  |
| XAttack |  |  |  |
| XDefense |  |  |  |
| XSPAtk |  |  |  |
| XSPDef |  |  |  |
| XSpeed |  |  |  |
| XAccuracy |  |  |  |
| Dire Hit |  |  |  |
| Guard Spec |  |  |  |
| Reset Urge |  |  |  |
| Ability Urge |  |  |  |
| Item Urge |  |  |  |
| Item Drop |  |  |  |
| Blue Flute |  |  |  |
| Yellow Flute |  |  |  |
| Red Flute |  |  |  |
| Poke Doll |  |  |  |
| Fluffy Tail |  |  |  |
| Poke Toy |  |  |  |
| Bicycle |  |  |  |
| Old Rod |  |  |  |
| Good Rod |  |  |  |
| Super Rod |  |  |  |
| Item Finder |  |  |  |
| Dowsing Machine |  |  |  |
| Poke Radar |  |  |  |
| Town Map |  |  |  |
| Poke Flute |  |  |  |
| Coin Case |  |  |  |
| Soot Sack |  |  |  |
| Silph Scope |  |  |  |
| Devon Scope |  |  |  |
| Squirt Bottle |  |  |  |
| Spray Duck |  |  |  |
| Wailmer Pail |  |  |  |
| Gracidea |  |  |  |
| Aurora Ticket |  |  |  |
| Old Sea Map |  |  |  |
| DNA Splicers |  |  |  |
| Reveal Glass |  |  |  |
| Oval Charm |  |  |  |
| Shiny Charm |  |  |  |
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TM and HMs

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| Number | Name | Location |
| TM 1 | Focus Punch |  |
| TM 2 | Dragon Claw |  |
| TM 3 | Water Pulse |  |
| TM 4 | Calm Mind |  |
| TM 5 | Psyshock |  |
| TM 6 | Toxic |  |
| TM 7 | Hail |  |
| TM 8 | Bulk Up |  |
| TM 9 | Bullet Seed |  |
| TM 10 | Hidden Power |  |
| TM 11 | Sunny Day |  |
| TM 12 | Taunt |  |
| TM 13 | Ice Beam |  |
| TM 14 | Blizzard |  |
| TM 15 | Hyper Beam |  |
| TM 16 | Light Screen |  |
| TM 17 | Protect |  |
| TM 18 | Rain Dance |  |
| TM 19 | Roost |  |
| TM 20 | Dragon Wing |  |
| TM 21 | Fire Punch |  |
| TM 22 | Solar Beam |  |
| TM 23 | Iron Tail |  |
| TM 24 | Thunder Bolt |  |
| TM 25 | Thunder |  |
| TM 26 | Earthquake |  |
| TM 27 | Return |  |
| TM 28 | Leech Life |  |
| TM 29 | Psychic |  |
| TM 30 | Shadowball |  |
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Move Tutors

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| Move | Cost | Location |
| Secret Sword | Free | Fuchsia City |
| Blast Burn | Free | Cape Brink |
| Frenzy Plant | Free | Cape Brink |
| Hydro Cannon | Free | Cape Brink |
| Relic Song | Free | Goldenrod Underground |
| Volt Tackle | Free | Olivine City |
| Breakneck Blitz |  | Cianwood City |
| Devastating Drake |  |  |
| All Out Pummeling |  |  |
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| Let There Be Light | Free | Cianwood City |
| Earth Power |  | Blackthorn City |
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| Taze |  | Blackthorn City |
| Dragon’s Ascent | Free | Old Castle |
| Draco Meteor | Free | Old Castle |
| Drill Run |  | Smogon University |
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| Zen Headbutt |  | Smogon University |
| Air Cutter |  | Maui Move Tutor |
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| Twister |  | Maui Move Tutor |

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| Ability | Pokémon Who Have It | Effect |
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Moves

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| Move | Type | Power | Accuracy | PP | Effect |
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What’s New?

In Pokemon Heart and Soul new Pokemon, Items, and Abilities appear as well as new characters. Old battle mechanics are also changed in an attempt to balance the game and bring a new dimension of strategy to the game.

* There are over \_\_\_\_ new Pokémon to catch.
* There are \_\_\_ new items including \_\_\_\_ Mega Stones.
* There are \_\_\_ new abilities and \_\_\_ new moves that enhance battles.
* There are two teams to defeat and interact with.
* A whole new region to explore called the Orange Islands.
* New and old characters develop and change to bring a more dynamic Pokémon experience.

Characters

Rival 1 –

Rival 2 –

Professor Oak –

Professor Elm –

Lance –

Team Rocket

Team Rocket is resurgent in Johto and Kanto! Their new mission is to eliminate weak people and Pokémon alike from the Kanto and Johto region and create a stronger region under the rule of their leader. And they will use any means necessary. How will they achieve their heinous goals?

Leaders

* Viktor
* Jesse
* James
* Butch
* Cassidy
* Hans
* ??? – Who is the true leader of Team Rocket?

ORANGE GROUP

The ORANGE Group is a mysterious group of scientists that hail from the Orange Islands. They are all geneticists that want the Orange Islands to be its own independent region with its on Pokemon League, and to accomplish this goal they have decided to create their own regional variants using their advanced knowledge of genetics.

Leaders – Dr. David Hall and Dr. Stefan Debbert

Orange Island Variants

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Pokemon | Form Name | Types | Abilities | Base Stats | Location |
| Butterfree | Frostfree | Ice/Bug | Snow Warning | 60,45,50,80,95,90 | Viridian Forest  Trade for Butterfree |
| Rapidash | Pegasus Dash | Fire/Fairy | Flame Body | 65,70,70,105,100,90 | Bike path for Ponyta |
| Aegislash | Tiki Slash | Ghost/Water | Stance Change | 60,50,150,60,50,150 | Factory for Gyarados |
| Aegislash | Obsidian Slash |  |  |  |  |
| Aegislash | Thor Slash |  |  |  |  |
| Aegislash | Master Slash |  |  |  |  |
| Cincinno | Cruella de Cinccinno | Normal/Dark | Skill Link | 75,100,55,110,60,70 | Saffron for Raticate |
| Salamence | Dive Salemance | Dragon/Water | Swift Swim | 95,135,70,90,110,100 | Cinnabar Poke Center for Shlizzard |
| Vivillion | Black Vivillion | Bug/Dark | Speed Boost | 80,52,50,100,93,55 | Cherrygrove for Ariados |
| Goodra | Sundra | Dragon/Fire | Drought | 90,100,60,80,120,150 | Rock Tunnel for Magmar |
| Gumshoos | Trumpshoos | Dark/Fighting | Aftermath | 88,125,50,40,60,55 | Primeape at Dojo |
| Crabominable | Creedominable | Fighting/Steel | Iron Fist | 97,135,68,45,60,69 | Machoke at Dojo |
| Oricorio | Hip Hop Oricorio | Water/Flying | Dancer | 75,60,80,93,98,70 | Shellder route 25 |
| Salazzle | Salizzle | Poison/Rock | Corrosion | 68,111,60,117,64,60 | Graveler at Mt. Moon Exit |
| Stunfisk | Shitfisk | Ground/Poison | Stench | 109,58,92,30,84,103 | Koffing in Lavender |
| Larvitar | Larviturnt | Dark | Intimidate | 50,70,50,39,44,50 | Viridian for Beedrill |
| Pupitar | Pupiturnt | Dark | Intimidate | 70,90, 66,49,66,70 | Evolve Larviturnt |
| Tyranitar | Tyraniturnt | Dark/Grass | Chlorophyll | 100,140,100,55,95,90 | Evolve Pupiturnt |
| Porygon 2 | Corrupted Porygon | Psychic/Electric | Download | 85,80,90,40,125,95 | Trade Silph for Kadabra |
| Altaria | Thunder Altaria | Dragon/Electric | Drizzle | 75,60,95,70,90,110 | Trade Raichu at Power Plant |
| Emboar | Boarock | Fire/Rock | Sand Stream | 110,125,60,60,80,85 | Trade Magmar in Cinnabar Mansion |
| Lucario | Darkario | Dark | Defiant | 75,100,70,90,125,65 | Trade in Saffron for Wrock |
| Poliwrath | Dracowrath | Dragon/Fight |  |  |  |
| Lugia | Shadow Lugia | Dark/Ghost |  |  |  |

Orange Megas

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Pokémon | Form Name | Types | Abilities | Base Stats | Location |
| Altaria | Mega Thunder Altaria | Dragon/Electric | Regenerator | 75,100,115,70,130,110 |  |
| Salamence | Mega Dive Salamence | Dragon/Water |  |  |  |
| Tyranitar | Mega Turntitar | Dark/Grass | Thick Fat | 100,165,150,60,100,100 |  |
| Lucario | Mega Drakario | Dark | Adaptability | 75,135,88,112,150,65 |  |

Mega Evolution

Mega Evolution returns in Pokemon Heart and Soul with several new Pokemon gaining Mega Evolutions. All Previous Mega Evolutions will also be available in game. Mega Evolution will not be available until the second half of the game, much like in the Sun and Moon series.

New Mega Forms

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Pokemon | Mega Stone | Types | Abilities | Base Stats |
| Charizard Z | CharizarditeZ | Dragon/fly | Sniper | 78,80,70,100,160,56 |
| Flygon | Flygonite | Ground bug | Adaptability | 80,145,100,110,100,90 |
| Swanna | Swannite | Fairy Flying | Pixilate | 75,106,79,115,106,79 |
| Emolga | Emolgite | Electric fight | Static | 55,80,80,140,99,70 |
| Hawlucha | Hawluchite | fighting | No Guard | 78,118,80,101,75,130 |
| Noivern | Noivite | Flying dragon | Speedboost | 85,80,85,168,123,100 |
| Bellossom | Bellossite | Grass fairy | Solar Power | 75,105,110,70,125,110 |
| Granbull | Granbulite | Fairy fighting | Strong Jaw | 90,150,90,75,65,75 |
| Ursaring | Ursarite | Normal fighting | Scrappy | 90,165,85,85,80,80 |
| Gokrunch | Gokrunchite | Fairy | Iron Fist | 100,150,80,120,75,90 |
| Thunder Altaria |  | Dragon/Electric | Regenerator | 75,100,115,70,130,110 |
| Dive Salamence |  | Dragon/Water |  |  |
| Turntitar |  | Dark/Grass | Thick Fat | 100,165,150,60,100,100 |
| Darkario |  | Dark | Adaptability | 75,135,88,112,150,65 |

Regional Variants

Two types of regional variants appear in Pokemon Heart and Soul. Alolan Pokemon as well as the new Orange Island Variants are available in game. All of the regional forms will be listed here.

|  |  |  |  |
| --- | --- | --- | --- |
| Alolan Forms | Location | Orange Forms | Location |
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Magikarp Variants

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| --- | --- | --- |
| Name | Location | Special Move |
| Orange Skelly |  |  |
| Calico Black |  |  |
| Pink Orca |  |  |
| Grey Diamonds |  |  |
| Purple Bubbles |  |  |
| Apricot Tiger |  |  |
| Brown Zebra |  |  |
| Orange Mask |  |  |
| Black Mask |  |  |
| Saucy Blue |  |  |
| Violet Raindrop |  |  |

Rage Magikarp

Z-Moves

In Pokémon Heart and Soul Z-Moves, first introduced in the 7th Generation of Pokémon are included, however, have been altered. Z Moves no longer require special stones to be used. They are now moves with a set strength and have a PP of one. These moves can also only be learned by certain Pokémon via a special move tutor located in Cianwood City.

Available Z Moves

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Move Name | Type | Power | Accuracy | PP | Effect | Pokemon that can use it. |
| Breakneck Blitz |  |  |  |  |  |  |
| Devastating Drake |  |  |  |  |  |  |
| All Out Pummeling |  |  |  |  |  |  |
| Black Hole Eclipse |  |  |  |  |  |  |
| Supersonic Skystrike |  |  |  |  |  |  |
| Catastropika |  |  |  |  |  |  |
| Acid Downpour |  |  |  |  |  |  |
| Stoked Sparksurfer |  |  |  |  |  |  |
| Tectonic Rage |  |  |  |  |  |  |
| Extreme Evoboost |  |  |  |  |  |  |
| Continental Crush |  |  |  |  |  |  |
| Pulverizing Pancake |  |  |  |  |  |  |
| Savage Spin Out |  |  |  |  |  |  |
| Genesis Supernova |  |  |  |  |  |  |
| Never Ending Nightmare |  |  |  |  |  |  |
| Sinister Arrow Raid |  |  |  |  |  |  |
| Corkscrew Crash |  |  |  |  |  |  |
| Malicious Moonsault |  |  |  |  |  |  |
| Inferno Overdrive |  |  |  |  |  |  |
| Oceanic Opretta |  |  |  |  |  |  |
| Hydro Vortex |  |  |  |  |  |  |
| Guardian of Alola |  |  |  |  |  |  |
| Gigavolt Havoc |  |  |  |  |  |  |
| Soul Stealing 7 Star Strike |  |  |  |  |  |  |
| Shattered Psyche |  |  |  |  |  |  |
| Subzero Slammer |  |  |  |  |  |  |
| Twinkling Tackle |  |  |  |  |  |  |
| Clangorous Soul Blaze |  |  |  |  |  |  |
| Splintered Storm Shards |  |  |  |  |  |  |
| Lets Snuggle Forever |  |  |  |  |  |  |
| Sunshine Smasher |  |  |  |  |  |  |
| Moonlight Blaster |  |  |  |  |  |  |
| Time Travel Slam |  |  |  |  |  |  |
| Wish Upon a Star |  |  |  |  |  |  |
| V for Victory |  |  |  |  |  |  |
| Let There be Light |  |  |  |  |  |  |

Guide